

SGL Aspects of Buddhist Psychology

Study Group Leaders' Questions and Answers on:

"Aspects of Buddhist Psychology",

CONTENTS

Note from Silabhadra:

This contents listing has been scanned from paper into computer and is very difficult to comprehend.

To try and make it easier for readers I have removed the page numbers from the sections which would cause confusion and just given a listing of topics covered . This seminar cannot be assumed to have been checked in any way since the scanning.

Tape One: Analytical Psychology of the Abhidharma

Areas of knowledge outside the sphere of religious life in Ancient India
The integration of modern branches of knowledge
The origins of the Mahasariputra legend as the origin of the Abhidhamma
The use of the Abhidhamma material for Insight meditation
The 12 dhatus, 18 ayatana and 24 paccayas, 10 caitasikas
The dharmas as Buddhist or other Indian schools of thought
The dharmas continued
The dharmas as ultimately real or irreducible
Taking concepts and categories too literally
The other Hinayana schools with regard to the dharmas
The systematisation of the Dharma
Classification and systematisation - a useful spiritual activity or a reason for degeneration
Global computer terminals and instant dharma
The classification of citta and caitasika
The cittas and caitasikas correspond to 'mind' and 'mental events'
Nirvana with or without substratum according to the Sarvastivada
The enumeration of 46 mental functions with their subsections
The thoughts that have, as their object, nirvana
Compounded and un-compounded dharmas in the Abhidhamma
Karmically skilful cittas occur on the Transcendental plane
Background reading on the Abhidharma
Conditionality and causality
Conditionality in the Buddha's experience and pre-Buddhist thought
Maya Causality and conditionality as terms of Darwin and Freud
Aristotle's theory of causation
What do we mean by 'opposites'
The spatio-analytic and dynamic-synthetic principles
Causes rather than a cause
Western philosophers and conditionality
The black and white segments of the wheel of life

The meaning of 'bhava' and 'Jati'
Bahya and the Buddha
The nidana of ignorance
Gaps and links in the nidana chain
The correspondence between dukkha and vedana
The correlation between panna-vimutti and sukha-vipassana
Dry insight
Creative correlations of the spiral path!
The formula for conditioned co-production
Conventional religion as a way to the dhyanas

Depth psychology of the Yogachara

Perception of existence - solipsism.
Berkeley
All objects are ideas.
subject, object perception
Berkeley's philosophy in the light of modern thought
'The Yogachara Idealism' by Chatterjee
Transpersonal elements in the relative alaya
The sketchy treatment of the relative alaya.
Archetypes
What is consciousness?
Jung's infinite collective consciousness
The reflection of the alaya as the real self
The experience of 'I-ness'
The Yogacharins and the absolute alaya
Seeds in the relative alaya
Three kinds of seeds in the Chinese wheel of life
White/pure seeds
Pushing out impure seeds
Classification of the charts Ideas arising from purely mental experience
Dream states, distracted states and concentrated states
The diagram of the vijnanas
The meditation techniques and experiences of the Yogacharins
Hanging upside down in a void!
Paravrtti and stream entry
Teaching this material to Mitras
Blake's vision
The famous South Indian teacher Citta-matra and its translation

Archetypal symbolism in the Biography of the Buddha

Experiencing the archetypal symbolism of the unconscious mind
104/107 The significance of Mara in the Buddha's enlightenment
107/109 The path of progression of archetypal symbols for men and women
109/110 In which heaven did the Buddha teach his mother the Abhidharma
110/114 More on the progressive path of the archetypal symbols
111/113 Symbolism in clothing and colours

114/115 The parallels in the archetypes of the Buddha, Jung,
Christianity and Tantric Buddhism ;
The begging bowl and the bull
The usefulness of chinese and European geomancy
The significance of the Earth Goddess' vase
Archetypes and our mutual interpenetration
Ladders and spirals as symbols

The Secret Doctrines of the Tibetan Book of the Dead

Bhante's comments on various relevant book titles
Padmasambhava' 5 'iron birds' prediction
The three Tantric initiations
Eastern and Western attitudes towards death
The value of the terma tradition
The suitability of our receiving the Tibetan Book of the Dead teachings
137/140 Suicide
140/143 Perceiving the subtle body
143/146 The relevance of the symbols to a dead Western Buddhist
145 Mantras and recitation
146/148 The clear white light experiences and correspondences
148 Dream Yoga
148/150 Personal stupas and epitaphs
150/153 Guidelines for death ceremonies, wills and executors

The Mandala: Tantric Symbol of Integration

The historic origins of Tantric rites and symbols
The benefits for Order members in reading the Tantras
The connection between the Tantras and sadhanas
Practising the visualisation
The chaotic composition of the Tantra
The Mandala of the Five Buddhas in temporal terms
The Five Jinas and the Holy Places
Vajradatesvari and Akasadesvari
Compassion and wisdom and their related Kender
Amoghasiddhi
The Mandala as an integrating force in daily life
The Mandala and Bhante's personal experience
General discussions about mandalas: specialisation, offerings correctly, tormas,
Visualisation practise in mandala form
178/179 Combining stupa and mandala. Building me'

Zen and the psychotherapeutic process

The use of Zen and/or Ch'an in the FWBO
Korean Buddhism and Zen
Sources of information
Does the lecture fulfil the title

The formulation of the four Zen principles
Zen in the U.K.
Authoritarianism in religion
A symbol of an immoral society (The stockbroker)
Is the FWBO too narrow in lifestyle
From householder to anagarika
202/203 The Transcendental
203/205 Mr.Chen
205/206 Soloviev

The Heart Sutra

207 Who were the Theravada Bhikkhus chanting?
208 Who were the Christian mystics? The temple?
209/210 Why was Avalokitesvara representing Perfect Wisdom?
210/211 Why chant the Heart Sutra in English?

A preferred mantra as access to the Perfection of Wisdom
Dramatic recitation of the Heart Sutra
The third and fourth great statements of Avalokitesvara
The Heart Sutra as a path of regular steps
Prajna and Prajnaparamita

220/222 Dhammanusarins and Saddhanusarins
222/225 Is the building of a knowledge necessary to the development of Insight
225/226 Recommended reading on the Heart Sutra
226/230 Discussion for the next session on the Sutra of Golden Light and 'authorities'
In Buddhism